

# What is an Interventional Radiology?

**Interventional Radiology, (IR or VIR for Vascular and Intervention Radiology) is also known as Image-Guided Surgery or Procedural Radiology.**

**Interventional Radiologists are medical doctors who specialize in doing medical procedures that use radiology.**

**Interventional Radiology allows us to diagnose or treat patients with the most minimally invasive technique possible. Images are used to guide small instruments, including needles and catheters. The images provide road maps that allow the Interventional Radiologist to guide these instruments through the body to the areas of concern.**

## Advantages of IR to Patients

- These procedures are generally less invasive and less costly than surgery.
- With image guidance, any abnormality can be accessed while important nearby structures such as blood vessels and vital organs can be seen and avoided.
- The patient is spared the pain, scarring and complications associated with open surgery.
- Recovery times are usually shorter and patients can more quickly resume normal activities.
- General anesthesia rarely required.

## Questions?

If you have any questions or concerns about your procedure, please call us at 515-226-7455. We are here to help.



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**Iowa Radiology at Iowa Methodist Medical Center is located at 1200 Pleasant Street in Des Moines. Valet parking is free at the main entrance. To register, enter at the main entrance and continue straight until you see the registration desk on your left at the North Wing of the Medical Center.**

## Appointment

**Procedure**

**Date/Time**

**Special Instructions**



at Iowa Methodist Medical Center

1200 Pleasant Street • Des Moines, Iowa

515-226-7455 [www.iowaradiology.com](http://www.iowaradiology.com)

# Vascular & Interventional Radiology

At Iowa Methodist Medical Center



Charles A. De Pena, M.D.



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Andrew D. Nish, M.D.



Diagnostic & Preventative Imaging Center



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[www.iowaradiology.com](http://www.iowaradiology.com)

## Directions to Iowa Radiology at Iowa Methodist Medical Center

Iowa Radiology at Iowa Methodist Medical Center is located at 1200 Pleasant Street in Des Moines. Valet parking is free at the main entrance. To register, enter at the main entrance and continue straight until you see the registration desk on your left at the North Wing of the Medical Center.

### From the North:

- **Take I-35 South.**
- Keep left to take I-235 West via Exit 37B toward Des Moines.
- Take Keo Way Exit 7 toward Airport/MLK Jr. Parkway/19th Street.
- Merge onto Keo Way toward Bus Terminal/Hospital.
- Turn right on 12th Street. 12th Street becomes Pleasant Street. 1200 Pleasant Street is on your left.

### From the East:

- **Take I-80 West** toward Des Moines. Merge onto I-235 West via exit 137A on the left toward Des Moines.
- Follow I-35S directions above starting with *Take Keo Way Exit 7.*

### From the South:

- **Take I-35 North.**
- Merge onto I-235 East via Exit 72A toward West Des Moines/Des Moines.
- Take the Keo Way Exit 7B toward the Bus Terminal.
- Turn right onto Keo Way/Keosauqua Way.
- Turn right on 12th Street. 12th Street becomes Pleasant Street. 1200 Pleasant Street is on your left.

### From the West:

- **Take I-80 East** toward Des Moines.
- Keep left to take I-235 East via exit 123A toward West Des Moines/Des Moines.
- Follow I-35N directions above starting with *Take the Keo Way Exit 7B.*

