

## World Health Organization Criteria for Osteoporosis

**Table 1 – WHO classification for diagnosis of osteoporosis using BMD measurements**

<b>Classification</b>	<b>T-score</b>
Normal	– 1.0 or higher
Osteopenia	Between – 1.0 and – 2.5
Osteoporosis	– 2.5 or lower

WHO, World Health Organization; BMD, bone mineral density.